

Hi, just a reminder that you're receiving this email because you have expressed an interest in K9s For Warriors. Don't forget to add [info@k9sforwarriors.org](mailto:info@k9sforwarriors.org) to your address book so we'll be sure to land in your inbox!

You may [unsubscribe](#) if you no longer wish to receive our emails.



# K9 CONNECT

K9s FOR WARRIORS MONTHLY NEWSLETTER



Stay Connected    

**October 2019**

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### **In Case You Missed It...**

This past week we made a mega announcement about our plans for a mega dog kennel. This kennel is made possible by an incredibly generous land donation and will be able to hold up to 250 service dogs-in-training! [Click here](#) to read about this exciting development.



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## World Mental Health Day

October 10th was World Mental Health Day. While mental health is a substantially broad term, it distinctly relates to the everyday mission of K9s For Warriors and our efforts to heal warriors of PTSD. Read more about how we do that at our [World Mental Health Day blog post](#).

**PTSD**

**VS.**

**PTSD &  
A Service Dog**

Examples of how K9s For Warriors Service Dogs help veterans with PTSD  
reintegrate into society with dignity and independence.



**PTSD**

**Service  
Dog**



Isolation from friends,  
family and social  
interaction.

Increased social interaction.  
Repaired relationships with  
family & friends.



Fear of crowds at stores,  
restaurants, sporting  
events, concerts,  
vacations, etc.

Confidence to go nearly  
anywhere.



Insomnia.  
Constant nightmares.

Peaceful sleep. Physical  
comfort from the service dog.



Anger & irritability.

Ability to focus on the  
present & and remain calm.



Created by: K9s For Warriors

[www.k9sforwarriors.org](http://www.k9sforwarriors.org)

## Exclusive K9s Swag is Here for Veterans Day!

Vineyard Vines has been amazing at partnering with us again this Veterans Day to design an exclusive t-shirt! It is available now in [their online store](#), and 20% of the proceeds will come back to our program. **Bonus:** This year they also made an exclusive dog leash. Get both before they run out!



## THANK YOU VETERANS!

We're proud to partner with K9s For Warriors in support of our brave servicemen and servicewomen. 20% of the proceeds from our limited-edition t-shirt and leash will be donated to their organization.

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STAY CONNECTED



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